

# WELCOME SUMMER HOCKEY CAMP KLAIPĒDA

**2021-07-25d.**

**17.00val. -19.00val. Arrive to Hotel**

**“ Green Hotel”**

Adresas Minijos g. 119, Klaipēda

**19.00.val.-19.45val. Dinner**

**20.00val.-20.30val. Meeting**

**21.00val.-21.30val. Rest time**

**22.00val. Sleep**

MONDAY - 26d.	TUESDAY- 27d.	WEDNESDAY-28d.	THURSDAY-29d.	FRIDAY-30d.	SATURDAY-31d.
❖8.00 WAKE UP	❖8.00 WAKE UP	❖8.00 WAKE UP	❖8.00 WAKE UP	❖8.00 WAKE UP	❖8.00 WAKE UP
❖8.30 -9.00 Breakfast	❖8.30 -9.00 Breakfast	❖8.30 -9.00 Breakfast	❖8.30 -9.00 Breakfast	❖8.30 -9.00 Breakfast	❖8.15 -8.45 Breakfast
❖9.15 Departure to Sports hall (address Taikos pr.61 A)	❖9.15 Departure to Sports hall (address Taikos pr.61 A)	❖9.15 Departure to Sports hall (address Taikos pr.61 A)	❖9.15 Departure to Sports hall (address Taikos pr.61 A)	❖9.15 Departure to Sports hall (address Taikos pr.61 A)	❖9.30 Departure to Akropolis
❖9.45-10.45 Workout	❖9.45-10.45 Workout	❖9.45-10.45 Workout	❖9.45-10.45 Workout	❖9.45-10.45 Workout	❖10.20-12.10  TOURNAMENT
❖11.25-12.10 Training on ice	❖11.25-12.10 Training on ice	❖11.25-12.10 Training on ice	❖11.25-12.10 Training on ice	❖11.25-12.10 Training on ice	
❖12.10-12.30 Water break	❖12.10-12.30 Water break	❖12.10-12.30 Water break	❖12.10-12.30 Water break	❖12.10-12.30 Water break	
❖12.30 -13.15 Training on ice	❖12.30 -13.15 Training on ice	❖12.30 -13.15 Training on ice	❖12.30 -13.15 Training on ice	❖12.30 -13.15 Training on ice	
❖13.30 Departure to “ Green Hotel” Adresas Minijos g. 119, Klaipėda	❖13.30 Departure to “ Green Hotel” Adresas Minijos g. 119, Klaipėda	❖13.30 Departure to “ Green Hotel” Adresas Minijos g. 119, Klaipėda	❖13.30 Departure to “ Green Hotel” Adresas Minijos g. 119, Klaipėda	❖13.30 Departure to “ Green Hotel” Adresas Minijos g. 119, Klaipėda	
❖13.45 -14.15 Lunch	❖13.45 -14.15 Lunch	❖13.45 -14.15 Lunch	❖13.45 -14.15 Lunch	❖13.45 -14.15 Lunch	
❖14.15 Leisure	❖14.15 Leisure	❖14.15 Leisure	❖14.15 Leisure	❖14.15 Leisure	
❖20.00 - 20.30 Meeting	❖20.00 - 20.30 Meeting	❖20.00 - 20.30 Meeting	❖20.00 - 20.30 Meeting	❖20.00 - 20.30 Meeting	
❖20.30- 21.30 Rest time	❖20.30- 21.30 Rest time	❖20.30- 21.30 Rest time	❖20.30- 21.30 Rest time	❖20.30- 21.30 Rest time	
❖22.00 Sleep!!!	❖22.00 Sleep!!!	❖22.00 Sleep!!!	❖22.00 Sleep!!!	❖22.00 Sleep!!!	

- ❖ Have short sportswear.
- ❖ Sports rope.
- ❖ Water bottle
- ❖ **Camp participants 2013/2014 children were born**
- ❖ **Medical certificate**

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